

**Ep #204: The Spouse Perspective:
Mastermind Success Story with Taylor Robinson**



Full Episode Transcript

With Your Host

Becca Pike

[The Hell Yes Entrepreneur](#) with Becca Pike

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I often bring my students on to this podcast so I can talk to them just about their business and growing their business and their time in the containers with me and getting coached and mentored by me. And I was talking to my husband the other day and I was like, you know what would be way better than just interviewing my students? Interviewing the eyes and the ears of my students, a.k.a their spouses.

So today I am bringing on Taylor Robinson. She is the wife and co-owner of Guru Fitness, the wife of Dale Robinson, and I'm bringing her in today and I'm just picking her brain a little bit about what she has seen as her husband has come into the mastermind and grown this business and he is just absolutely on fire and we have a really good time on this podcast today. I do hope you enjoy.

This is episode 204, I am your host Becca Pike, and it is time for your weekly dose of Hell Yes Coaching. Let's go.

Welcome to *The Hell Yes Entrepreneur* podcast. I am your favorite business coach, Becca Pike. If you're looking for high level CEO leadership skills, modern day marketing strategies that actually convert the hell out of your leads, and you want to create a big ass wallet and big ass impact in your community, then this podcast is for you.

Welcome to my world. In here, we do two things. We scale, and we play. Because what's the point of being rich if you can't have fun? If you want to make multi six and multi seven figures without sacrificing your gym time, your music festivals, your wine nights with your friends, then I'm your girl. Enjoy.

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Becca Pike: Hello, Taylor.

Taylor Robinson: Hey.

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Becca Pike: I'm so excited to have you. Okay, so first, before we introduce who you are, I just want to explain my thinking here. So I was talking to Mark, and I was telling him, I was like, you know who's the eyes and the ears of all of my mastermind students? The spouses. The spouses can see shit that my mastermind students can't.

And I've spent the last several years bringing my mastermind students on to the podcast to ask them like, hey, how's life? What has changed? What have you learned? And while they've had really good answers, I think it's going to be a really fun time to bring the perspective of a spouse, especially someone that is like so knees deep in your business with your husband, Dale. I'm just excited to pick your brain. How does that sound?

Taylor Robinson: I'm all for it. I love it.

Becca Pike: All right. So tell us a little bit about who you are and what kind of business you guys run.

Taylor Robinson: Yeah, my name is Taylor and I am married to Mr. Dale Robinson, who is part of Becca's Mastermind. And we own a group fitness facility here in Lexington, Kentucky. We've been running this business together for, I believe this will be eight years that we've been doing this. We've got three kiddos, two are grown, one is 5. So we're still in the trenches of parenthood. Yeah, we're just navigating, you know, being business owners, husband and wife, parents and all the that.

Becca Pike: And parents of an NFL player.

Taylor Robinson: Yeah.

Becca Pike: That's amazing. And you guys started your business a while ago in a different city and then you moved it to Lexington. And you guys, when you were in the other city, you had pretty strong following, right? Like you guys left a pretty significant crowd behind. Is that right?

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Taylor Robinson: Yeah. Frankfurt, we opened that in 2017 and which for those who don't know, Frankfurt's like 30 minutes away from Lexington and it was all organic growth. Like we are both from there. So it was super easy for us to really grow that business. And then we were like, yeah, our work here is done. Let's go to another city and do this again.

Becca Pike: So Dale is pretty loved. You know, he has an audience. He has people that really follow him. Tell us a little bit about Dale, about his story, and why do you think people just are gravitating towards him so well?

Taylor Robinson: Yeah, Dale has a natural charisma, so that's the number one thing. It's just so easy to gravitate toward him. He's got all the muscles any girl could go crazy over. He's got the smile, like, he's just got all that charisma. However, I think that the thing that really draws people toward Dale is the redemption.

Like, the story of coming out of prison, you know, and sticking to what you said you were going to do, but also being vulnerable and transparent enough to share your story without, you know, any fear of judgment. It's just like, this is what it is. This is how I'm rectifying my wrongs. And I'm going to show up as this person day in, day out, not just for myself, but for my family and my community. And when you have a leader like that, that's willing to, you know, set the example, get in the trenches with you, I think it's very, very easy to love somebody like that.

Becca Pike: Okay, so our listeners know nothing about Dale. Dale was in prison for how long?

Taylor Robinson: 10 years.

Becca Pike: 10 years.

Taylor Robinson: Yeah.

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Becca Pike: He has quite a story. Can you just walk us through a little bit about Dale's mind when it comes to the time that he put into prison, the promises he made to himself. Like, you have such a seat in the house. You have such, you know everything. You're the wife. I mean, God, is there another species that is more powerful than a wife?

Taylor Robinson: Absolutely not.

Becca Pike: Oh, my God. So, you've got the keys to the castle. Tell us a little bit about what was going on in Dale's mind in prison, and like, what was he wanting to become after that he did?

Taylor Robinson: So, full disclosure, I was not in the thick of it when he was in prison. We met after. So, I get, you know, the after effects of this version of Dale. However, you know, I get to hear all the stories and I get to hear, you know, the relationships that he's built with the guys that he was in prison with, who are all sort of tied to fitness, which is really cool.

But they would spend hours and hours of, you know, walking around, coming up with these plans, creating these visions, and wanting to do something positive in their community. Now, Dale does not share this part a lot, and I wish that he really would, is his ability to connect people happened in prison.

So, you know, when you think about prison, you think about all these different walks of lives, and you've got gangs, you've got different races, it's like survival of the fittest, really. And Dale had the ability to not only just train people, but get a group of 50 guys together, maybe even more than that, on holidays and on the yard, doing a workout and putting all their differences aside to work out.

Becca Pike: Guys that would never be caught in the same circle in prison would come together and work out and Dale would be leading it. And then after the workout, they would go their separate ways and be in their

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different ethnicities and corners and gangs or whatever. And Dale had the ability to do that.

Taylor Robinson: Yes. And not only did he have the ability to do that, He was the only person from Kentucky. He was all the way in Jersey. So, like, he's like this lone wolf, and he just, like, that's the spirit that he oozes out. Like, he has that ability to make you forget everything else and, like, just focus on this one thing.

He makes fitness fun. And to be able to, like, find that dream of yours in such a dark place and, like, capitalize on it is really dope, and that's what Dale has done. So, you know, being on the yard with all of these people, being in a hole for a long time because you're using your phone and you're not supposed to be using it, you know?

Becca Pike: What do you mean by being in a hole?

Taylor Robinson: He had a phone that he wasn't supposed to have in prison and got caught with it, so he spent time in the hole, the shoe, which is like... yeah, which is, you know, it's just a box and, you know...

Becca Pike: Solitary confinement, right?

Taylor Robinson: Yeah, that's it. And so he spent time in there and like a significant amount of time and didn't lose his mind, didn't go crazy. He just really dialed in and was like, I'm going to be a better person. Like, I am going to make everything that I say happen and really found light in that darkness. And that's another part of the story that he doesn't really share.

Becca Pike: Dale's a little earth angel. I think a lot of people think like, you know, there's angels that walk among us and there are people like Mother Teresa and there are people, you know, that are just doing such good in the world.

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And I think it's overlooked when you come across a human who's able to bring people together into a community, who is able to sit in solitary confinement and only have thoughts about how they're gonna better the world, who's gonna be able to walk around a prison yard and commune with other prisoners about what they're gonna do for their communities.

And I think I can speak for Dale when I say this. I feel pretty positive that I can, but some of us wake up with just a drive that we don't know where it came from. We don't know where it's coming from. And the only thing that I can think is that it's divinely gifted to us every single day. But I wake up and I see it in Dale. We wake up and we've got a mission to do and we have endless energy to do so.

Taylor Robinson: 100%.

Becca Pike: Yeah, and we don't even know where it's coming from. We're just like, we're awake. We're doing it. We don't know what we're doing, but we're gonna do it so fucking good.

Taylor Robinson: Yeah, he's up at 3:30 every morning, and I'm like, okay, like, you know, great for you. He doesn't even have to be up that early anymore, but it's just who he is. It's programmed in him, and he's like, ready to just take on the world as soon as he wakes up. So 100% you guys are like unicorns.

Becca Pike: I love that. So he's out of prison. He has learned his lesson. He's decided he's going to start doing what he was doing in the prison yard, but with the community. And he started it out of his garage, right?

Taylor Robinson: Yeah, yeah.

Becca Pike: And that's where you guys met because you started working out with him, right? And then he, all of a sudden, more and more people are coming, correct? And to the point he decided to rent a space and start doing this in a proper building. Is that correct?

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Taylor Robinson: Yeah. So he, at the time, he was still with Wan'dale's mom. So they went their separate ways, and then that's when Dale left the garage and went into another space that he rented out and then just took off.

Becca Pike: Yeah, that is so fun. OK, so fast forward. Now, you guys had by the time I met you all, you all had invested already in mentorship. You weren't new to coaching. But I do still feel like coming into the mastermind was a big leap of faith because you were leaving a different coaching container and it was just different.

It's a different type of coaching container. This is a much more intimate, I'm going to be mentoring you. I'm going to be, you know, for lack of better words, like standing over your shoulder and talking to you about every move that you make. I'm looking at the numbers that you guys are creating. Tell us a little bit about the decision to come in and what that looked like just in your all's home walls and the discussions that you guys had to have to make that transition?

Taylor Robinson: Yeah, it was a very, very big decision for us. We invested a ton of money into the other mentor program, and we were burning out really bad and really fast, and we did not feel aligned with it anymore. So we made that decision to cut ties, and Crystal, I believe, had spoken about you, who's also in your mastermind and a part of our community.

And her and Dale had had some conversations, and I just kind of watched a little bit, because it was like, you know how similar you and Dale are, so you know when it's like he has another idea, and I'm like, oh, my God, how much is it going to cost this time? Is it gonna work? And, you know, all these things, like, I have to be like, are we sure?

So I'm like watching behind the scenes and like creeping your Instagram and doing all the things. And we finally had a conversation and I was like, I think that she's gonna be a great fit. Like, do it. If you wanna do it, do it.

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And he's on the fence a little bit. And he, I think you guys, like, had some DMs back and forth. And you did something really cool. You were like, I'll see you soon or something. Like, it wasn't like, yeah, like, come be a part of it or whatever.

It was just kind of like, yeah, like when you're ready. Like, I think it was really at that moment that it was just kind of like, we're really going to do this and thankful that we did because it feels way more aligned and less pressure, less burnout feeling, like total, total, total opposite.

Becca Pike: It's funny because when the sign up came through, I reached out to him and I said, I knew you were coming on. That's not something that I say to people. I don't just say that to anybody that signs up. Something had told me that he was going to sign up. Like, I just had a gut instinct. Like, I didn't know Dale. I don't know Dale at this point. I don't even know him within the community. Like, I had seen you all's sign in passing, like, at the gym, but I didn't know anything about him.

I remember kind of catching him liking some of the content and having this weird feeling of like, oh, I'm going to get to know this guy. Like he's going to be around for a while. And I don't normally feel that way about people. So I thought that that was really interesting. When I saw his mastermind application come through, I was like, yep, like knew it. Sometimes I think people come into your world and you just kind of almost know it. You expect it. You see it.

And he's been such a fun part. Listen, Dale at Hell Yes Live was one of my favorite things that has ever happened in my life. So just to paint a picture for anybody that wasn't at Hell Yes Live, Hell Yes Live is, I mean, it's a lot of fun. You know, we have cocktails and we hang out and we do a lot of business coaching, but we also do a lot of joking and a lot of chatting.

And Dale just brought so much charisma to that room. He brought so much fun and joy with his chants, with his excitement, with his dancing, with his

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laughing, with his perspective. Same for you. Which by the way, anytime I see someone that is like this, like me, you know, me and Dale are actually really similar, I always think to the spouse, like, that's a grounded spouse. That is a grounded spouse.

Because I have to watch Mark deal with me. And we had had conversations as a staff, saying, like, man, Taylor must hold it down at the house. Not that Dale is, like, flighty or anything, but when you have someone with that much charisma, there is someone behind them that is backing them almost always.

And if there's not, that person is usually in trouble. And I know this for myself as well. And so God bless you. So you guys decide to come into the mastermind. You decide to go for the big dog. You're coming to the Scale to 7 Mastermind, which is our top level of access. Tell us a little bit about what you were expecting going into Hell Yes Live versus what actually happened.

Taylor Robinson: Yeah, honestly, I really didn't have any expectations. I was not sure. I didn't know how big or small you were. Like, you know, like, I didn't know about your following. Like, so I really did not have any expectations going into it.

It was like, okay, we're going, we're doing this, and we're going to, you know, like, just soak up every bit of it. When I got there, I was like, oh, this is gonna be the best thing ever. Like, I met you, I met Gigi, John. I mean, it's one of those things when you just, when you know, you know. And you're around good people.

And, like, we're great judges of character, So to be in person with you all and then to see, like, just how close everybody was and really how family-oriented it was, like, that was a big game-changer for me. I was like, okay, like, confirmation of, like, you made a good decision and you should really be proud of this one because this is going to be great.

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Becca Pike: We have heard that so much with this last Hell Yes Live of our clients saying the dynamic of seeing how me, Ben, John, and Gigi interacted with each other and then also how I interacted with the students was very familial. And I love that. So thank you for that. That's awesome. And we do. We really are. I mean, we've been working together for so long. We cut up. We have fun. We joke around. It's not too serious, but we're also getting a lot of shit done. And I think that's the vibe of Hell Yes Coaching that people love so much.

Taylor Robinson: Absolutely.

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For the first time ever, Hell Yes Live is coming to Kentucky at the luxury Manchester Hotel. This is the biggest and best business conference Kentucky has seen. Tickets are \$497 right now. On April 18th 2025, prices are going up to \$697.

And my friends, the prices keep going up from there so you want to lock it in right now. Hell Yes Live is an event that I put on around the country for years now. It is not your grandpa's business conference, okay? It's not just like a sit-down-and-take-notes event.

Hell Yes Live is a complete identity transformation. It is an interactive, intimate experience and the sold-out seats and the constant outpouring of testimonials speak for themselves. In three days, I take you through more intense business coaching, gap maps, profit creations, infrastructure, marketing strategies than you will get in most year-long coaching containers. We are not playing around over here.

Millionaires have been made on repeat in this Hell Yes Live room. You will leave with the absolute unfuckwithable energy, ready to walk through fire in your company and not just with the excitement, but with the actual exact

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strategy to grow and propel your business to see a 100% increase this year.

A lot of my students are reporting 400%, 500%, 600%, and 700%, yes, I said 400%, 500%, 600% and 700% increases annually as they are coming to these events over and over every single year. Success is literally baked in at Hell Yes Live.

This event takes place July 15th through the 17th. You can purchase your VIP ticket that will give you an extra full-day experience with me added to the end on July 18th, including individualized coaching, a miniature professional photoshoot and much more.

This is the opportunity of the year, business owners. I hope to be toasting champagne with you on the Manchester Hotel rooftop restaurant the evening of our welcome reception on July 15th. Email us the words Hell Yes Live ticket at contact@hellyescoachingonline.com to secure your ticket, or find it in my Linktree on Instagram @1beccapike.

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Becca Pike: So you guys got in there and we did your gap map, which means we're not only saying like, this is the goal that you want to have for 2025, but then we're backpedaling and we're like, okay, what's actually missing? What infrastructure is missing? What staff members are missing? Like, what is missing in order for you to get to that goal? So I see a lot of business owners that are like, I have this goal and they're locked in on that goal.

They are locked in and they'll do whatever it takes to get to that goal. They're the hardest working people on the planet, but they don't really know what their gap is. They don't know what they're shooting for. So what was it like going through that and just kind of looking at what's missing and what's possible? Any answer here is great.

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Taylor Robinson: It was very eye-opening, especially for us going from paid ad kind of feels what we were coming from to go into this idea of wanting our marketing to be very organic, more aligned with us. So to be able to kind of reverse engineer after making such a big decision to turn off ads and go organic and like go all into it, it's just that one like ripping off the bandaid.

So for us, it was really nice to be able to kind of reverse engineer and just say, okay, this is where we're at. This is what we can do, and this is what's going to be possible. We've always said you have to see it in order to be able to see it.

And we were in a space where we could actually like, you simplify the process. If that, I guess that's the best way to sum it up, is simplifying the process of being like, this is where we need to tighten up at and this is what's possible if we can do that. And also really, to be honest, like these are things that we've been avoiding.

You know, it's not that you don't know it, you've just kind of been avoiding it because you're busy or you don't have the skill yet or, you know, whatever it is, it's excuses, but it's just, it was the reality of like, you're avoiding this, go do the damn work.

Becca Pike: Yeah, absolutely. So, it hasn't even been 90 days. I mean, you guys came in, it was mid-January. So what, 75, 80 days max? What's it been like going from funneling money into ads to organic? Did you expect a dip? Did you have a dip? What does that transition look like?

Taylor Robinson: Surprisingly, we did not have a dip. I thought that we would have. I was nervous about it, but also mentally prepared for it. And we didn't, so that's great.

Becca Pike: That's crazy.

Taylor Robinson: I know.

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Becca Pike: So all you did was just pocketed all that ad money.

Taylor Robinson: Yeah. We spent some of it on you, but it was worth it. It's gone better than I thought because it's really forced my hand to do our email marketing, which, God bless you because you know what I told you. And when we had our meeting, like your method to email structure just like blew my mind and I was obsessed with it and I just got to writing.

Rebuilt our website, got really bold, put our prices online, which is something that we've always like shied away from or really just been told not to do. So yeah, a lot of things were changing and changing very quickly. And if you don't mind, I'm going to go into this really fast. I was making lunch the other day. I think you all had a call on Monday, I believe. And I could hear it going, and you were telling them, you know, I want you to come down off of the high from Hell Yes, and to be able to see that you are making progress.

Like, you're changing things, though. So it's not gonna be, like, this overnight thing, but if you can look back at, like, where you were a month ago, you will see the progress that you've made. And it's just really nice to, like, have somebody there for them who is grounded enough to keep them like, hey, focus, like things are still going very, very well because it's easy to miss it when you're, when you're in the thick of it.

Becca Pike: Listen, girl, Taylor, girlfriend, this is 90% of my job. And I'm okay with that. I think for a long time I got really frustrated and I made it about me. But I will have students that, you know, in 90 days they've, you know, brought their ad spend down by 100% and they've kept their top line the same and they've staffed up and they've done these miraculous things in 90 days and then by the end of it, they're like nothing's working and I'm pissed and I'm frustrated and 90% of my job is being like, what the fuck are you talking about?

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Like let's go back and look at the facts. Stop feeling your feelings and look at the paper. Like what does the paper say? You know? And I used to make it mean something. Like I used to be like, you know, I would have clients that fell off and didn't continue or didn't want their mentorship or they, you know, whatever. I've even gone as far as like having people, very few, but by the end of the mastermind they're like, I want all my money back, it didn't work. And I'm like, you 4X'd your income? Like, what? You know?

And it used to keep me up at night. And now I've realized, like, oh, I'm just dealing with humans. I'm just dealing with humans that have human brains. And it's really easy to get caught in the day-to-day. And when you have a bad day, and then you have another bad day, and then someone like cancels their membership or leaves a bad Google review, then it's really easy to look at those 72 hours and think that it's your entire life and think that your business is going under.

And when I started implementing this conversation all of the time with my students that is, get out of your head and look at your paper. Look at what's actually happening and stop thinking that you need to be riding high at the way that you were at Hell Yes Live. Hell Yes Live is a vitamin. It's a vitamin you take every six months. You go and you take that vitamin and it gives you a boost of excitement and it gives you this boost of energy and it gives you a boost of clarity.

But then I see people kind of come off of it and they think that something's wrong, right? And like getting my team, getting my mastermind to see that that is natural and that's normal and that you don't want to be up here and you don't want to be down here. You got to stay grounded, you got to stay level and you got to just stay consistent. So I'm glad that you heard that. I'm glad that it landed for you for sure. It is definitely a conversation that comes up all the time.

Taylor Robinson: Yeah, it's great.

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Becca Pike: So what have you seen differently in Dale? Now we're going to talk about Dale as if he's not going to listen to this. You know, he's going to be the first ears to listen to it. Just as a wife around the house, whether it's in business or just as a husband, like, again, it's only been 70, 80 days. What's Dale like right now?

Taylor Robinson: Yeah, his execution has been very good. You know, he started the podcast and he's been crushing that and like he's doing a phenomenal job but he's also being very consistent with it. He is, you know, crushing it with inner strength coaching which is something that is, he's been very passionate about coaching in general.

And to do it on that kind of like one-on-one level and to have him like be so happy with his clients and like, he's just crushing it on that front too, which is really cool. But I think that the biggest thing is he's slowing down and like he's learning new things, you know, he's doing all the social media. He's not coming to me, which, you know, we have that conversation.

Becca Pike: Can we just take a second? So we had this conversation and I gave homework to Dale to not put any pressure on you about his social media. And we were just having a full-on conversation just about marriage and doing business with your partner, which I have a PhD in at this point, right? And so that was part of his homework, like, hey, Dale, you take full responsibility of your social media, and let's just see how that helps just with interaction on the day-to-day with your wife. So he has done 100 percent, is what you're saying.

Taylor Robinson: Yes.

Becca Pike: And so, okay, so is he just like owning it now? He's like, I'm just going to post, I'm not going to ask for any feedback. Like he's just doing it.

Taylor Robinson: Yeah.

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Becca Pike: That's amazing. And how does that feel for you?

Taylor Robinson: It feels really good. Not even because it's one less thing that like I need to put my eyes on. It's because he's developing a skill that, like, I knew he could. You know, he's really stretching himself and getting uncomfortable and doing something new. And which, you know, that's easy for me to learn so many things behind the scenes.

But to force yourself to do that when you're very much like an in-your-face person and not kind of on the on the screen person or very tech savvy, It's just awesome to watch him develop in that way. It's really cool.

Becca Pike: Yes. A lot of times people that are really good face to face, like have that charisma, have that ability to own a room, they tend to lack on social media because they don't need it. Why would they need it? They can go into a room and they can own the entire room. Whereas social media is something that allows you to gain connections.

And people like us, like myself, like it took me a long time to get the hang of social media and it was really like dragging my feet through the mud because why? I could just walk into any room and get as many connections that way. So I'm really glad to hear that, for sure. Man, that's awesome. Okay.

I love it. I love it. You guys have been such a fun success story. Again, I feel like we're just getting started. I cannot wait to see you guys at Hell Yes Live this year. I haven't asked Dale this yet, but I am going to ask him to be on stage with me. And you're the first one to hear it. And the public won't hear it until I've talked to Dale. But I'm going to ask him to be on stage. And I don't know exactly what his role is going to look like, but after I saw him at the last Hell Yes Live, I was like, oh yeah, he belongs up here with us.

Taylor Robinson: Oh girl, he'll definitely be like, hell yeah. Like, absolutely.

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Becca Pike: I'll be sure to ask him today so you don't have to hold it in too long.

Taylor Robinson: Yeah. Yeah.

Becca Pike: Yeah. He's going to love it. And everybody's going to love him, too. But yeah, I just love seeing it. It's so refreshing to see a husband and wife that are working together, that are figuring it out and that have growth at the forefront, but also marriage and kids at the forefront.

And that's what we're all about here. So I'm just happy to have you guys in my world. Is there anything that you would say to anybody that's on the fence about coming into the mastermind or into Hell Yes Live or just into my world in general?

Taylor Robinson: Yeah, just do it. Don't do it just for the business aspect. What you get for your personal life is truly an added bonus. Becca has this way of really giving you permission to do the things you already know that you should be doing. And I think that sometimes it's nice for us to have somebody that can do that and just remind you like, you know, be who the hell you are and own that and don't shy away from it.

And so again, I know this is about business but the personal things that are happening in these people's lives and just witnessing and the confidence that's being built, the skills that are being developed, you know, the family dynamics that are changing because of this. It is so much bigger than business. So I think that she really does a good job at going above and beyond your team as well, so just yeah, take that leap and do it because it's really worth it. It's been worth every single dime.

Becca Pike: Thank you so much, Taylor. That's awesome. All right, so let's go through all of the ways that they can contact you, Dale, and Guru. So we'll start with you. Where can people find you?

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Taylor Robinson: You can find me on Instagram. It is @_TaylorRobinson. And I'm on Facebook as well. But yeah, follow me on Instagram because I've got some cool things coming on my own.

Becca Pike: Okay, love it. And then Guru Fitness, right? So if someone wants to get in shape that is local to Lexington, What are their options?

Taylor Robinson: Yeah, you can DM us on @guru_fitness_Lex on Instagram. You can go directly to our website, gurufitnesslex.com, and we've got all of our membership options available and you can sign up right there so you don't have to wait for us if you'd like. And also on Facebook, Guru Fitness Lex.

Becca Pike: Now, what if someone is not in Lexington, they're in New York, but they want to get fit with Dale? Where do they go?

Taylor Robinson: Yeah, so I am working on our app, which is almost finished. I'm super excited about that because we will have an online option available for that. But just DM us on Guru Fitness Lex or Dale Robinson's Instagram as well. And we'll give you all the details on when that's coming.

Becca Pike: Okay I love it and then one last plug what is his podcast and where can we find it?

Taylor Robinson: His podcast is Inner Strength Coaching with Dale Robinson and it's available on Apple, Spotify, Pandora, YouTube. All the platforms. Literally all the platforms.

Becca Pike: Okay. I love it. Awesome. Thank you so much Taylor, have a great day. Thanks for being with us today.

Taylor Robinson: Thank you so much.

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Ep #204: The Spouse Perspective: Mastermind Success Story with Taylor Robinson

Hey guys, this podcast is the blood sweat and tears of a lot of different people. The planning and the preparation of each episode is extensive. My team and I are really proud to bring you this free and abundant content each week, and we hope that you're loving it. If you are, the very best thank you that we can receive from you is a review and a share.

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