

# Ep #169: Trusting Your Gut: How Intuition Can Transform Your Life and Business with Gina Scarpino



## Full Episode Transcript

With Your Host

**Becca Pike**

## Ep #169: Trusting Your Gut: How Intuition Can Transform Your Life and Business with Gina Scarpino

What's up, my friends? Today we are talking to my very favorite personal psychic medium Gina Scarpino. Gina is out of Louisville, Kentucky. She has been a psychic medium her entire life. Her talent is unbelievable. Okay. Like I'm talking, this woman has sat down with me. She has explained exactly what my grandfather looked like, what my grandmother looked like, the types of businesses that they own, the country that they were from, all kinds of things and nuances and little habits that they had that were un-Google-able. There's no possible way she could have ever known.

Every time I sit down with her, she paints a picture of exactly what my grandparents and my mother want me to know from the other side of the veil. Everything that she has said has been spot on. She has given me lots of predictions. She has talked to me about things that are coming up in my future. Every time they have been a hundred percent spot on.

I am absolutely fascinated with the metaphysics of our world. I am constantly studying metaphysics. So while you see me grinding out on Instagram and building my companies and becoming a multiple millionaire at this level, I want you to understand that you don't have to lose yourself and lose your hobbies in order to grow a business. Okay.

I have built my companies up to \$200,000 per month while still Crossfitting every day, deeply studying metaphysics and spirits, while still coming home from work by 4:00 p.m. every single day of the week, not working any single weekends. So I just want to remind you that anybody that tells you that you have to lose your life or lose your hobbies to the grind, you don't have to.

So in this world that I call *The Hell Yes Entrepreneur*, you guys get a ton of business advice on here, but I also love showing you the hobby side of my life. That is metaphysics, spirits, all things across the veil, near death experiences, same death experiences, psychic mediums, intuition, and you're going to get a whole earful of it today with Gina Scarpino. This is episode number 169. I am your host, Becca Pike, and it is time for your weekly dose of Hell Yes Coaching. Let's go.

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Hey, guys. I'm Becca Pike and welcome to *The Hell Yes Entrepreneur* podcast, the number one show for entrepreneurs looking to create their first six-figure year. If you've got the drive and you know how to hustle but you're not sure where to channel your energy, we've got the answers. Let's dive into today's show.

Becca: Hello, Gina. I'm so happy you're here.

Gina: Hi. Hi. I'm so happy to be here also. Thank you so much for inviting me.

Becca: Absolutely. Can you tell my audience a little bit about who you are and what you do?

Gina: Yes. My name is Gina Scarpino. I'm a psychic medium and spiritual life coach. So what that means is that when you come to me for a reading or a healing, I tap into your future events and see what kind of predictions we have going on. I tap into the spiritual world. I talk to your loved ones in spirit, your guides, your angels, bring through all of their loving messages for you.

Then I do a healing portion of my services as well. I do Reiki, cranial sacral work. Of course I do intuitive business coaching as well, which is right up your alley. So you'll love all of this good information for you.

Becca: Absolutely. I love that. Listen, guys, everybody that's listening right now, Gina is fucking talented. I'm not just saying that because you're on my podcast. You're on my podcast because you're talented, but I have been to four mediums in total. You have been not, two things. Not only are you extremely accurate when you are doing readings with my mom and my deceased loved ones, you have been unbelievably accurate.

But at the same time, the second thing that I love the most about you is how much information is coming through with you in one given reading. So I've sat down with mediums and in that hour long, maybe 30 minute long

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reading, I get about three to four accurate to semi-accurate thoughts or sentences.

You are like full on conversing. You are full on speaking, talking. It is paragraphs and paragraphs and paragraphs of what is coming through for you. That is so unbelievably helpful to the person that is reading with you. So just massive kudos to you. What you're doing is crazy. I mean, it's buck wild.

Gina: Thank you. Thank you. Thank you. You know, I have heard that time and time again in comparison to other psychics and mediums just the volume of information and the volume of predictions that come through. I can't take credit for it. The only thing I can take credit for is that I get my mind out of the way, and I just let all of those intuitive messages just flow through me and to you. So I can't take credit for it at all whatsoever, other than I take a back seat. Spirit does all the work. They give all the good information.

But I was trained in a very specific way. So I did this for many, many years before I went to any trainings or anything like that. But the way that I read, especially in mediumship, it's called evidential mediumship. So if I bring through any of your loved ones, it's not like oh, hey, I have your grandma here and she loves you. She's baking cookies. That's everybody's grandma. Right?

So the way that I bring through spirit is I get the essence of them, but I give really specific things like names and dates, anniversaries, streets that they lived on, memories that you guys share. I try to invoke the emotion of your loved one actually trying to be in the room with you.

I think that that really makes all the difference in the world when we're connecting to our loved ones because we want so much to have that emotional connection with them again. So I think it's psychic's and medium's jobs to try to be the best that they can be to meditate more and relax more and get their body in the most relaxed state possible so that all

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of that information can come through. So you get the paragraphs and the paragraphs and all of the fun predictions and things like that.

Becca: Yeah, absolutely. So do you come from a line in your family of other people that were as intuitive as you? How young were you when you realized that you had this gift?

Gina: I love this question. So I was not raised in a media mystic, like psychic kind of household. I was raised in, I'm second generation American full blooded Italian. So we were very much raised in an Italian Catholic kind of upbringing. So growing up, I was not well versed in this kind of thing at all whatsoever.

But my earliest memories of connecting to spirit or having those situations come up or probably around three, four, five years old, I remember being so scared to go in the basement because I would see all these like shadow figures. Come to find out many years later, our home was built on Native American burial ground, things like that. So I have very early memories.

Then as far as my family goes, if I have any other people in my family, when I got into this business, like this blows my mind. When I got into this business, I had Christmas dinner, my family's all sitting around. I was making fun of my brother really because him and I have this super weird psychic connection where I'll be feeling something, and he'll text me.

So I was making fun of him and telling my family oh, my God, my brother keeps on doing this. I think he's psychic. This was before any of my stuff came about. They just all went quiet. They're like well, should we tell them? I was like, tell us what. they started telling us all of these crazy stories about my grandmother and things that she just knew and predicted and things like that.

So then when I started my business and started teaching others how to do what I do, actually, a load of my family members have gone through my programs. Both of my aunts are now psychic mediums. I've had cousins go through my programs. It's absolutely amazing. Like one of my aunts is

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the most fantastic medical medium. Her and I both tap into people medically and intuitively read what's going on in their mind, body, spirit, where it came from, what's going on.

Then my other aunt, she lives in Florida, she just opened up her own wellness center. She's doing healings and readings. So like, I had this ripple effect across my family. Now it's like everybody's super intuitive and predicting things. That's not how I grew up. But that's how it is now. It's wild. I love it.

Becca: Is that your Italian side of the family?

Gina: Yes, both sides of my family are Italian.

Becca: Oh, okay. Do you think that there might be something in the history of Italians or I guess Western Europeans? So I have an Italian side of the family. You know this, you told me. I knew it, but you told me in one of my readings about the Italian grandfather.

That side of my family, all of the women have just this intuitive knowing. I have a grandmother that always knew the gender and the name of the baby that was coming into the family, even though they were coming at like wildfire. I mean we were getting like three a year, and she would know the gender and the name before everybody else. Then I have several aunts that have been able to see spirit visually. I have my own intuitive things that are going on right now that I am like I know that this is that Italian side of the family.

Gina: Oh, absolutely. Girlfriend, you're so intuitive. Like anytime I read for you, granted, I don't remember any of our readings. When I read for people, it comes in and it goes out. I don't retain anything, but your intuition, just looking at you and feeling you now, like it is heightened. If you have been feeling like super wild this month, this is your month that it's going to like go to the next height. It's absolutely crazy.

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But yes, to answer your question a hundred percent, I think it is my Italian roots. I also have like a stream of other Italians that I hang out with, and they're also mediums themselves. It's just wild to me to think about because I'm only second generation American. So all of those generations back that were from Sicily and Calabria all of those people, I have to say that like that culture just as a whole is more in their feeling center.

So in the U S like we're very methodical, we're all in the head, but in Italy, they lead everything with the heart. I think that makes a huge difference. Also my Sicilian side, being surrounded by water and having that influence, I think it really does come into effect in the bloodline. I really, really think it does.

Becca: Yeah. My family is also from Sicily as well.

Gina: Oh, no way.

Becca: Yeah. Maybe we're related 8,000 generations back. We might be.

Gina: Probably so.

Becca: Oh my gosh. Yes. As far as the, I have led a strategy-based life from the brain I have built my businesses, everything is black and white. It wasn't until mom passed away that I started reading about mediumship. Honestly, it wasn't when mom passed away. It was what happened to me after mom passed away that really launched me into wondering what was going on.

Because I started having all these dreams, and we were conversing back and forth for like long periods of time. These weren't just dreams where everything's discombobulated. These were like I was sitting in front of her having full on conversations every single night about the afterlife, what's going on over there, what it's like, is she here? Is she not here? Why do you look so young? What's happening? Like just all of these things that I had no idea about.

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So I started reading about mediumship and then it all started being pieced together where I was like oh my God, I have been speaking to spirits since I was young. You said the same thing to me on our first one. You said oh, you've been talking to spirits since you were a kid. I was like yeah, I know. I just found out. I just remembered. Like I just realized. Did this kind of happen for you as well? Was it kind of an all of a sudden, oh my God, obviously?

Gina: Yes.

Becca: Or was it more like you've known the whole time?

Gina: There was a very pivotal point in my life where everything made sense, and I was like that's what that is. So I kind of coined this term a natural medium. What that means is that your mediumship and your intuition and connection to spirit happens so naturally that you don't know that that's what it is.

Becca: Yes.

Gina: You know what I mean? So when you look back at your life, you're like, that's what that was. That's why I never liked going into high school because there was too much energy all around me. That's why I got anxious in those situations. That's why.

Becca: So many people, they think it's normal. They think everybody can feel this type of energy. They think everyone can look at someone and read like what kind of person they are right off the bat. It's not. It's not normal until you realize it's not.

Gina: Exactly, exactly. Then you're like, oh my gosh, how do I harness this power?

Becca: How do I make it consistent? I'm sure this is where your classes and your programs come into play, but like the more that I try now, the further I'm getting, right. The more that I disconnect from it and the



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more that I try not to try and the more that I kind of forget about it, the more it floods in. So, yeah, you're going to be seeing more of me, Gina, over the next few years. I'm like just wrapping my mind around the entire idea. So, yeah.

Gina: I love it. You know I would love to work with you. So yes, bring it on.

Becca: Yes. So tell me a little bit more about what actually happens now. Now that you feel like you have like sharpened your ax a little bit. You're a little bit more polished as far as your experience in mediumship. When you are going into a reading, do you actually hear them speaking to you, or do you see visuals? Like what is actually happening on your side?

Gina: I love that question. No one asks this question, and I think it's such an intuitive one. So kudos to you for that. A lot of different things happen when I start connecting. So I will, all of my different clairs, but I am profoundly clairvoyant meaning like I see pictures in my mind playing out like a movie scene. So I describe whatever picture.

Just for example like they will give me an actual movie scene out of a movie that I've seen a hundred times, and I described the characters and the situation and the feelings, and I describe everything in the movie scene and then that is their prediction. Or they'll show me a different movie scene, and I'll describe that person, and they're like oh my God, that's my husband that just passed away. So they'll show me things in my mind in the way of pictures.

Or this one's tricky. They will show me different situations from my own life that I have to then talk about in a way of wording it towards the person that I'm reading for. So if I had a situation like my mom had a stroke in 2020, okay? So if I'm reading for someone and say their mother passed away of a stroke. My mom will come into my mind and her having the stroke and the hospital situation, and I'll describe all of that. They're like oh my gosh, that's exactly how it happened.

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So they use your memories and your family and situations as in association. But yes, I do see spirit as in like physical form outside of myself. That's far and few between. That doesn't happen every single reading, but it happens like a few times a week.

Then as far as hearing things, I hear things all the time. All the time I hear things, even when I'm not reading for people. I'll hear my name, and I'll turn around and be like, okay, no one's there. Who was that? Then that's my way of connecting to my own spirit team and getting messages that way.

Becca: Oh my gosh.

Gina: So I see things, I feel things, I hear things, I sense things, but my gut instinct is tenfold. So even without all of those senses, I will just have an inner knowing of what to say or what to predict or what to bring through. That happens through a daily practice of trusting my own gut. That's how you really start to strengthen your intuition is trusting your own gut and your own inner guidance.

Becca: Yeah. Now I am a full on baby in this world. So you're going to be able to speak to this much better than me. However, I've been having these situations where I am seeing the future. It is like being downloaded to me, something that's going to happen.

The only difference that I know how to describe it is if it's my brain telling me like anxiety, like something's about to happen, then it usually stems from a thought of my own. So I have a thought which leads to a thought which leads to a thought which leads to this might happen in the future. Right. That is not what I would consider an intuitive. That's just like anxiety. That's just my own brain giving me a thought.

However, I have had things happen where I know what's about to happen, but it is almost like the only way I can describe it is almost like a memory. It feels like a memory that I don't have. It feels like I am being shown something. Just it gets dropped into my mind, and I can see it play out.

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Then I know oh, this is an intuitive thought. This isn't just a brain thought. This isn't just my thought. This is a thought from somewhere else. Does this sound familiar to you?

Gina: Yes, absolutely. It will feel like a memory or like a real quick daydream coming in. That's exactly it. That's how it happens so naturally. Right? Like you're just thinking. You're just going about your day thinking about something and then it's like this thought leads to the next to the next and then boom, it comes into fruition. So absolutely, that's exactly how it happened.

So like on Friday, last Friday, I was in the gym, and I was laying on the floor doing ab work, and I look up and I see a fire detector. I look at the lights, and they were flashing red and blue, red and blue. I was like huh, this is weird. I've never seen that before. I wonder why they're flashing red and blue. Then I got this other thought, something big is about to happen. I don't know what it is, but something big is about to happen. Then I heard something that sounded like a pop-pop. That was just like someone like putting weights down.

So I knew that I was getting ready to predict something that was going to happen that day or the next day. Then we all know what happened the next day on Saturday at the rally and everything. So once that kind of event happened, that thought process went away.

So it will be like one thought comes in, and you might see something or hear something. It's all these little bread crumbs that guide you into a prediction. It's super cool.

I would be very inclined to say to watch every single thought that you have and see how predictive the thoughts are. Because you're an empath and you feel other people's feelings like they're your own, you will get predictive thoughts for others and yourself. you're feeling other people's feelings and your own. So it'll be super interesting to see where you go with this over the next few months and how heightened it gets.

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Becca: Yeah. Everyone has this ability, correct? Like this was something that I didn't understand until recently, which is like it's not like you can either ski or you cannot ski. It's like everyone starts pretty much I mean, some people are naturally better skiers than others. However, everyone has to kind of practice and learn their own clairs and learn how to manipulate their own kind of universe when it comes to this. But everyone is capable of learning how to, quote unquote, ski, right?

Gina: Absolutely. 100%. I always use the piano. Like if you can sit down and you have hands and fingers, anyone can play the piano. But I'm not musically inclined like my sister is. My sister can hear a piece of music and play it instantly. I can't do that. But I like to really use this. Everyone has a gut instinct. We're built with it. Flight, fight, fun, whatever is your go-to, that's your gut instinct. We have a nerve that travels down to our gut that actually ignites that to send signals to our brain of are we okay? Do we need to do something? It's all very much in our nature.

So if you have a gut instinct of when to get the hell out of dodge or stay put, then you are an intuitive person. Everybody has it. It's just whether or not you can get all of those mind games out of the way so that you can relax enough for that intuition to come through.

Becca: Right. It's the relaxing for sure. The more you get into it, the more you realize this is just a meditation game. Whatever meditation means to you, that could be you just every day washing your dishes for an hour in a very meditative state, but clearing your mind and really being meditative.

This is when I was having all of those visitations from mom was right after she passed away, which may be the timing of her passing away and it still being had something to do with it. But also this was a time in my life where I was just staring out the window for like three weeks. I was just in shock. Like I was very meditative. I wasn't working. I was going through the motions of my day. I was dealing with grief. I was just kind of like walking the dog and sitting on the couch and just kind of falling asleep. I was very clear minded though.

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Then I got back into working, I got back into lifting, I got back into all of my hobbies and all of my friends and all of this stuff. It started slowing down. I had to like force myself back into a spacious state to start getting it again.

Gina: Absolutely. When you go through that, you also have to think about vulnerability. You have to be an extremely vulnerable, emotionally mature person to be a psychic medium or to contact spirit because you have to be in that vulnerable state of mind to be able to connect with them and have that. When we're in the hustle and bustle of every single day of work, gym, home, cooking, all of that, we're not in that vulnerable, emotional state.

So the more emotional or the more, I want to say emotionally mature and vulnerable, not the emotional oh my God, I don't know what's going on in my life. But the emotional mature and vulnerability really allows you to connect in that way and really just have time to connect with yourself. The more that you allot yourself to connect with your higher self and to be with you, then the higher your intuition is going to be.

Becca: Yeah, absolutely. Now, as a psychic medium, do you have a shutoff mode where you're like hey, I am not open for business. I'm not looking for spirit to come through right now. Or are you like out with your girlfriends at the bar having a martini, and you're seeing everyone's dead grandma? Like, how's this going?

Gina: Yes, to both of those.

Becca: You're just at the gym, and you're just like that guy's uncle is lifting with him right now.

Gina: Yes, absolutely. So yes, I do have a shutoff valve 100% because I have to. My favorite thing is when I'm out and about and I meet new people, and they find out what I do, and they're like what do you get from me? I'm like I am off the clock. You can schedule a reading with me on my website. I'm off. I'm not reading you. You seem fine and dandy.

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Becca: That is every industry. When I was a massage therapist, they'd be like my shoulder. Can you tell me a little bit about my shoulder? I'm like I'm three vodkas in. I'm not going to talk about your shoulder right now.

Gina: Yes. Exactly, exactly. So 100%, I do have a shutoff where I'm like, nope, I'm out of the zone but I can't turn off. I can turn off my mediumship to where I'm not getting people's loved ones knocking on my door, but I cannot turn off my intuition. That's just part of me. I'm always going to feel and experience that. So hence why I don't go out to bars and drink a lot. I don't drink a lot at all whatsoever because when I do, all of my senses are on hyperdrive, and it's like way too much kind of thing. So yes, I shut it off. Yes, it also seeps in.

Becca: Yeah, what do you think? I'm just going to switch gears here, but this just occurred to me again. I know we've already talked about it, but I kind of forgot about it. What is the craziness of us continually getting put in the same path?

So, for instance, we went to Comedy Off Broadway. You don't even live here in Lexington, Kentucky. I don't know what you were doing here. We got stuck in line together. I didn't know it was you. You were right in front of me, one person. You were the one person in front of me in that massive line. I remember thinking oh, she has such a cute bag. I didn't know who you were. I just thought cute bag.

But then I thought it was ironic that we got seated next to each other, and it wasn't based on who you were in line with. It was based completely at random at when you bought your ticket. So we're asses to elbow in that tiny little space. I'm like oh, what's the chances that I'm seated next to the girl with the cute bag from the line? Then I look at your face for the first time, and I was like holy mother fuck, that is Gina. We had never met in person. You weren't even from Lexington.

Gina: Ever.

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Becca: What are the chances that we sat down next to each other? Do you think that that was just coincidence? What are your thoughts?

Gina: No, I do not believe in coincidences at all whatsoever. I got goosebumps when that happened because I wasn't even supposed to be there. Okay. So Cindy Kaza is a fantastic psychic medium. She's really good friends with my sister. I just adore her and the work that she does in this world. She was coming to town to Lexington, and I live in Louisville, Kentucky.

Well, one of my students said oh, I'm going with my sister to go see Cindy Kaza. I was like oh my God, you're going to love her. It's going to be great. I hope you have a great time. Then a couple of weeks went by, and she said that another one of my students from Chicago was going to come in and go. I was like well, now I got to go. I was like all right, well, let's all go. We'll go do dinner, and we'll go do that. Then I just showed up and then there you were. It was just wild to me how all of that kind of played out.

I don't think that there are coincidences. I just want to say one more little thing. The only reason why I am connected or I showed up there is I met Cindy probably, I don't know, 15 years prior to that maybe. I'm trying to think, let's see. Yeah, probably around 15 years ago, met her at a brunch with my sister. She was a hairdresser at that time. I was a hairdresser at that time. Then she turned medium many years later. Then I turned medium many years later. So I always felt like this draw and this pull towards her. So us meeting there was actually 15 years in the making.

If I never met her, if she was never friends with my sister, I would have never had that gravitational pull to her, nor would I've been there, nor would I ever seen you in person and actually got to meet you.

Becca: Had my mom not passed, I definitely wouldn't have been there. Had my friend not sent the link and said, "Becca, there's a medium coming to Lexington." I had no idea about and then I didn't even buy the ticket. My husband was like why aren't you buying the ticket? I'm going to get on and

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buy the ticket. I'll get on Ticketmaster right now and buy the ticket. He's the one that bought the ticket. He was there with me that night.

Gina: Oh my gosh.

Becca: The timing at which we showed up, the timing at which we sat down, the timing at which we bought our tickets apparently has something to do with how we were seated, but all of it in the making was crazy. By the way, she read my mom that night, and I didn't raise my hand because I'm still in the closet. Here I am on a podcast talking about mediumship. So I'm clearly not in the closet that much.

Gina: You're out now.

Becca: However, at that time, just a few months ago, I was like in the closet. I would love to hear your story in a second about if you went through a coming out of the closet and what people think of you as a medium or like those worries. But she read my mom, and I didn't raise my hand. It was at the very end. This other woman was trying to make it work for her, but there were so many pieces that were missing, and 100% of the pieces were my mom, even down to the fact that this woman is saying happy birthday to someone June. Happy birthday to someone June.

One hour before we arrived, we closed down my daughter's, Cedar June's birthday party, an hour before we came. My mom is the only person on the planet that calls her Cedar June and Junie baby and June bug. So Cindy was up there just describing everything. She was like you rubbed your mom's feet as she was dying and you know, all of this stuff. So I wasn't willing to raise my hand though. I just knew it was mine, and I didn't feel a need to like say anything. I was in the closet.

But that was a phenomenal show. I don't think it was a coincidence either that you and I were seated next to each other. I don't think it's a coincidence that my friend sent me to you, Bethany Bubenzer is who sent me over to you. I think that we probably have a future together in some capacity anyway.



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Gina: Absolutely. Thank you, Bethany, for that recommendation. Absolutely. Bad, bad, bad girl. When a medium is up on stage, and that is your spirit, you have got to raise your hand.

Becca: I couldn't do it. I was shaking.

Gina: Let me tell you what it feels like for a medium to be on stage with a spirit.

Becca: Oh, I bet.

Gina: You're trying to make that connection, and you get this pressure in your body. This pressure is building up. Until you find that recipient, that pressure stays and not pressure of being in front of an audience. I mean like a physicalness. Then once you find the right recipient, then it's like you're not holding all the water anymore. Then the water can flow, and it feels much better to you. So you better raise your hand next time, girlfriend.

Becca: I know. I think I honestly would have. I think I would have. But the other woman was owning it so hard, or she was trying to own it so hard. Cindy was like I just don't think. She was like, no, no, it is. It is. I was like I don't know if I want to get involved in this. But yes.

Gina: I remember that. It was a tricky link. I was like that's not for her.

Becca: Yeah, I know. Oh, man. So good. What about coming out of the closet? Were you just like, all right, I'm a medium. I'm a medium. Take it or leave it. Or were you hesitant to start? So I have a platform of business owners. I have a lot of people that follow me and students and stuff. So everything has always been so logic brained. Everything has been so profit and loss. Everything has been so sales and strategies and tactics in growing a company.

Mom passes away, and I'm like, listen, guys, I can see the future. I'm extremely intuitive. I've been talking to my dead mom. She's been helping me with my business. I feel like a lot of my students are like, what? Yeah.

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Some of my students are. Some of my students are like oh, my God. Yes. Like we've been waiting for this, you know. So what was that like for you coming out of the medium closet?

Gina: It was really interesting. Like, I remember when I first started even talking about like intuition and signs. I remember, God loves them. I remember my mom and my sister making fun of me and being like oh, is that another sign Gina? Like, just ripping me hard for it. Right.

Then I remember my dad, he was like, "You're actually going to get people to pay you for this?" He was like, those people are nuts. Still to this day he's like if you can get them to pay for it, why not? You know? So but my family is like, we all have super dark humor. So we all just joke on each other hard about it.

But as far as like coming out and starting my business, I was so lit on fire. I knew that this was there was no turning back for me. Like it just, it is what it is. I'm doing this. I didn't even have a thought process of coming out of the closet at all whatsoever. I just did it.

Becca: Yeah.

Gina: I think coming from a background of hairdressing where you're working intimately with women especially on a one-on-one basis, it just came so naturally that I didn't really have a coming out of the closet process. There was definitely some resistance along the way because I was working full time in a salon. They didn't want me to take time off to go do readings. So there was resistance in that way.

But no, everybody was super, super supportive. Anyone that I was ever scared to tell them what I did were actually extremely receptive. So it was a good coming out. It was nice and gentle.

Becca: Yeah. Well, you've built a beautiful company. You've built a beautiful business, a beautiful presence online. So I just love it. I love to hear the

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history of how business was created and yours has been created just stunningly.

Gina: Thank you. Thank you. Thank you.

Becca: So I see you on Instagram sometimes doing these predictions. Like we're in the season of X, Y, Z. We're in the season of this and this. Now, today is what, June? No, July 15th.

Gina: July 15th.

Becca: Now my audience won't hear this for about two weeks. It'll be the very end of July, maybe early August.

Gina: Oh yeah.

Becca: What do you got for us? Any predictions, anything going on in the ethers and the cosmos? What's happening in our world right now?

Gina: This is the perfect time for this podcast with everything swirling around right now because everybody's like what's happening to our country? What's happening to me? Am I going to be okay? So we have all the worldly things going on. Then we have all of these things going on underneath the surface.

So if the listeners are going to start listening to this end of July, beginning of August, there's going to be a ton of transformation come August. I'm talking about speedy things happening. So it's like oh, always wanted a baby. You got a surprise baby out of nowhere. Oh, you wanted to get married. Boom, you're getting married tomorrow. I feel like very, very quick things are going to be transpiring in August that are going to make people's head spin.

Becca: Okay.

Gina: Like, how did this happen so fast? Then I also feel like there is tremendous, 2023, there was a ton of deep generational healing going on between like seven and 14 generations back. With all of that healing that

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transpired in it, and it was trickling in in the beginning of 2024 as well. But now we're really getting into how do I integrate that healing that's been done and also let go of the traumas that have happened on this earth plane, heal those and shift those while fully getting into alignment.

So what we're getting into the latter part of this year from August on is getting into alignment with our higher selves where all of these miracles start to transpire and we get things instantly. So it'll be super interesting. I'm very interested to see what happens for you the next couple of months. Because when I'm talking to you, it's like boom, boom, boom. You get three quick yeses, or three quick wishes granted. So I can't wait to hear what transpires for you.

Becca: So what I'm hearing you say from my audience is all of this business work that you've been putting in, all of the mundane consistency day to day, come August, there's a good chance it might just soar.

Gina: Yes, with an added dose of changing authenticity. So the more authentic that you are, and this is for primarily your business people, but other people as well. The more authentic you are with your voice and your own unique voice, don't put out things that you think people want to know but put out things that are really near and dear to your heart. That's when you get the success from it. Being unique, being authentic to your higher self, really diving into what do you want to express versus what do you want people to see from you?

Becca: Yeah, yeah.

Gina: Totally different vibe. So, yes, a lot of this is going to huge, huge payoff in August and September.

Becca: Yes, I love that you're saying that because this is what I'm constantly telling my students not from a prediction side but just from a sales side. Don't go into Instagram and email and any of your marketing and just think what can I say so people will buy? What can I say so people will move? What can I say so people will click the link? It's not about that.

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It's about showing up as your most authentic self so that people can be attracted to you and decide if they want to buy from a person like you because who you are is what matters way more than what you're selling when you're selling a branded, personalized brand. When you are Gina Scarpino selling programs, when you are Becca Pike selling programs, who you are is what matters even more.

Gina: Yeah, absolutely. Because people want to come to someone that they trust, that they know that is authentic, that is a person that is out for other people and being of service for other people versus being of service of yourself or for yourself. It makes all the difference in the world.

Becca: Absolutely. Now if my students want to follow you, what is your Instagram handle?

Gina: My Instagram is @GinaScarpino. You can find me on there. Then on Facebook, it's Gina Scarpino Psychic Medium.

Becca: Awesome. What are they going to get when they follow you?

Gina: You're going to get me being absolutely hilarious and also giving you, I shed a lot of light on what it's like to be a psychic medium in my own life. Then you'll also get lots of really good tips and tricks about enhancing your intuition, and you'll also get the awesome energy reads and I get on there, tell you what's going on in the cosmos, what to expect in your own life and really just help you calm down and stay centered.

Becca: Awesome. Last question for you, why would it be beneficial for a business owner to really start taking it seriously to enhance their intuition?

Gina: Because it can guide you in a way that your mind can't. Your mind can take you on a very methodical X, Y, and Z. If I do A and B, I will get C. Sometimes if we use our intuition instead, we skip all of those letters and get straight to Z, straight to success. It will feel better. When you're guided by your intuition in business, it's going to feel more fulfilling. It's going to feel better in your mind, body, spirit. Then also you're going to get the

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abundance from that. So really following your gut in your work is just one element of following your gut in your everyday life. So it's going to bring a lot of peace and love to your life when you do it like that.

Becca: Yeah, I completely agree. I have seen just the biggest shift. I think my students can see it. I think my audience can see it. I'm constantly getting these messages over the last year of just how much I have changed and shifted. I think that what they're seeing is me simply like tapping back in, tapping back into myself, tapping back in.

It hasn't slowed me down. I think a lot of my type A people think that slowing down, meditating, not going A plus B plus C equals D is going to slow down their company. But really it has been almost like a slowdown to speed up. It has been almost like a NASCAR pit stop. Like I'm stopping and getting my wheels changed and my oil filled up so that I can go faster. That's the way that it has felt for me. Yeah. So I completely agree with you.

Is there anything else? Is there anything that is coming through for you that you want to say, whether it's to me, whether it's to my audience, anything that we might've left unturned?

Gina: I think that tuning into your own intuition and getting your own spirituality, whatever verbiage you want, whether you use the word God or universe or mother earth or just connecting with a higher power, even if it's just connecting with your higher self inside you and staying in alignment. When your only goal is to stay in alignment, and that means staying in peace, contentment, happy, not stressed, not overwhelmed, not pushing yourself when you're tired.

When you can stay centered and only focus on how you feel and when you direct all of your attention to how you feel and you navigate your life around that, everything else has the ripple effect of nothing but bliss, joy, and love. So if you get one thing, just focus on how you feel, and let that be your guide.

Becca: Yeah. I love that. Absolutely. Thank you so much, Gina.

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Gina: Thank you so much. I love being here. I appreciate you.

Becca: I loved having you. I already want to have you again. Thank you so much. We'll see you soon.

Gina: All right. Thank you.

Hey guys, this podcast is the blood sweat and tears of a lot of different people. The planning and the preparation of each episode is extensive. My team and I are really proud to bring you this free and abundant content each week, and we hope that you're loving it. If you are, the very best thank you that we can receive from you is a review and a share.

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